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The Anchorage Senior Activity Center is in Phase 1 of Reopening

Letter from Rebecca Parker, Executive Director

Even after almost 40 years, the Center continues to provide a lively, welcoming public space where people of all ages and ethnicity gather for meetings, banquets, dances, nutrition classes and more.

As we plan for a safe reopening at the Anchorage Senior Activity Center, we hope that you have received your vaccination so that we can all be safer.

Please remember the Anchorage Senior Activity Center is here for you.

Membership is affordable and benefits are great – Nutrition, wellness and exercise classes, a library, fitness center, and more.

Our restaurant, Arctic Rose, is offering **free meals** to seniors 60 and older, prepared fresh daily by our chefs with a full breakfast, lunch and/or dinner option. **Call Susie** at 770-2004 to order your meal at least a day in advance. Meals are available for curbside pick-up or free delivery.

We cannot wait to see you again!

What Does Phase 1 Mean?

This means that on Thursday and Friday of this week (April 15 & 16) we will begin taking *appointments* for Monday, April 19, 2021 and beyond. **Walk-ins are not allowed during this Phase.**

- **Medicare Information Office:** Master Certified Medicare Counselor **Nila Morgan** can help with all things Medicare. To make an appointment, call (907) 770-2070 or her cell at (907) 744-6071 or you can email her at NMorgan@anchorage seniorcenter.org.
- **Fitness Department:** To arrange an appointment for on-site fitness orientation, locker item retrieval, or fitness assessment, contact **Brittney Mitchell** at (907) 770-2037 or BMitchell@anchorage seniorcenter.org for more information. **Classes will continue via ZOOM** for current Fitness Members only. The weight and equipment room will remain closed for now.

- **Benefit Enrollment Center:** Dedicated to helping people with Medicare improve their financial outlook by enrolling in programs to help them afford health care, prescriptions, food, and more. These programs include but are not limited to the Medicare Savings Programs, Part D Extra Help, Medicaid, the Supplemental Nutrition Assistance Program (SNAP, previously known as the food stamp program) and the Low Income Home Energy Assistance Program (LIHEAP). **Please call (907) 770-2015 to schedule a consultation and benefits screening.** Screenings can be done safely by phone or computer.
- **Annual or Monthly Fitness Membership Renewals:** To renew your membership, you can call **Susie Kimura** at 907-770-2004, go online to <https://www.anchorageseniorcenter.org/page-paypal.html>, or mail payment to: Anchorage Senior Center, 1300 E 19th Ave, Anchorage, AK 99501.
- **Membership Questions, Corrections, Updates and Borealis Newsletter:** If you have questions or changes to your information, please contact **Julie McFarland** at (907) 770-2009 or membership@anchorageseniorcenter.org.

Please be patient and leave a number where we can contact you, as we may have a high volume of calls.

ON YOUR FIRST VISIT

Please arrive 30 minutes early for a quick COVID screening consisting of a few questions, and a brief orientation prior to your appointment. This will give us time to assess that we are all working towards the next Phase as soon as possible. If case numbers surge, we will dial back the program.

We are happy to be moving forward!

Rebecca Parker
Executive Director

Anchorage Senior Activity Center | [Website](#)

